

Partnering for a Resilient and Sustainable Future

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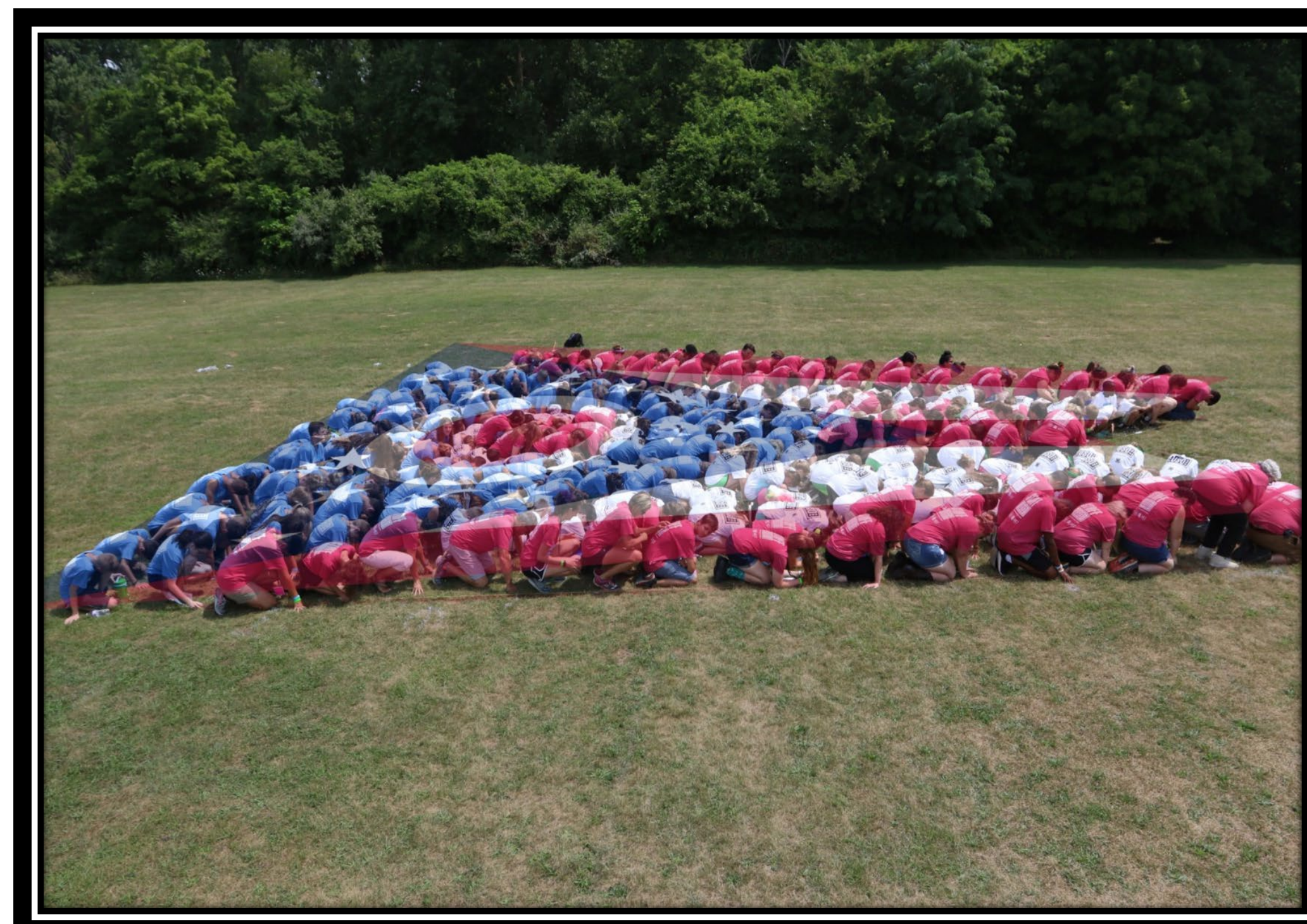
Ohio Military Kids (OMK) is a partnership of Ohio 4-H Youth Development of The Ohio State University and Ohio National Guard Family Readiness and Warrior Support. The mission of OMK is to empower and support the social, emotional, and academic needs of all Ohio National Guard and Reserve Component youth.



Building Resilience

The Ohio Military Kids program has a goal to create community support networks for military youth during deployment and steady state to maintain family resilience. The OMK program builds resilience through...

- Programs where youth recognize they are not alone in their identity as a “military kid”
- Promoting youth to “Hunt the Good Stuff” such as finding the positives in daily life
- Presenting educational programs to military parents to help support their children and the family as a unit during times before, during, and after deployment
- Training camp counselors on how to be role models to younger campers and empowering them with life skills that extend beyond camp
- Focusing on the strengths of young people to overcome adversity and take pride in themselves, even when facing challenges



By the Numbers...

- There are roughly **30,000 Ohio children** with a parent or guardian serving in the military.
- These 30,000 youth are spread across **every county in Ohio**.
- There are nearly **2,000 military-connected youth** around the state who are Ohio 4-H members.
- **About 60%** of Ohio military youth are connected with the Reserve component (National Guard & Reserves).
- Over **150 volunteers** contribute time to annually support OMK.

Visit our website to learn more about the OMK program and register for events:
go.osu.edu/OMK

Creating a Future...

The OMK program supports and develops resilient youth for successful futures through educational events and recreational activities. The program has been growing and making a difference to Ohio's military families for more than 14 years. The program actively promotes critical thinking, problem-solving, and life skills for the growth of the youth involved.



Events and Programs

OMK hosts events for military families and youth of all ages. A sampling of opportunities include:

- Residential camps for youth and teens
- Weekend family camps
- One-day events
- Parent workshops



Support OMK

Funding support is welcome through donations to Ohio Military Kids. Through a fund with The Ohio State University, individual donors and organizations are able to make financial contributions to reduce the participant fees to OMK events.

